



January 12th is **National Gluten Free Day**. Start the day with gluten free whole grain cereal or foods that are naturally gluten free like yogurt and fruit.

BREAKFAST

MONDAY



NO
SCHOOL

05

French Toast
Sausage Patty
Oranges
Juice
Milk

12

NO
SCHOOL

19

Cereal
Cheese Stick
Banana
Juice
Milk

26

TUESDAY



Breakfast Bake
Yogurt & Granola
Peaches
Juice
Milk

06

Breakfast Burrito
Applesauce
Juice
Milk

13

Breakfast Casserole
Yogurt & Granola
Apples
Juice
Milk

20

Combo Bars
Sausage Patty
Fruit Cocktail
Juice
Milk

27

WEDNESDAY



Bacon Pancake Bake
Yogurt & Graanola
Pears
Juice
Milk

07

Nutella Bars
Pineapple
Juice
Milk

14

Breakfast Pizza
Pears
Juice
Milk

21

Pancake On A Stick
Cheese Stick
Applesauce
Juice
Milk

28

THURSDAY

NO
SCHOOL

01

Biscuits & Gravy
Yogurt & Granola
Banana
Juice
Milk

08

Biscuit & Gravy
Yogurt & Granola
Strawberries
Juice
Milk

15

Biscuit & Gravy
Yogurt & Granola
Banana
Juice
Milk

22

Biscuits & Gravy
Yogurt & Granola
Strawberries
Juice
Milk

29

FRIDAY

NO
SCHOOL

02

NO
SCHOOL

09

Bacon, Egg, Cheese
Croissant Bake
Grapes
Juice
Milk

16

Fruit Pancake Bake
Yogurt & Granola
Strawberries
Juice
Milk

23

Ham, Egg, Cheese
Croissant Bake
Peaches
Juice
Milk

30



All meals include a choice of 1% white or chocolate milk.
This Institution is an equal opportunity provider.
Menu is subject to change due to supply shortage.

JANUARY 2026



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right



LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NO
SCHOOL

05

Walking Tacos L,T,C
Brown Rice
Ranch Beans
Carroteenies
Pears / Milk

06

Beef Stew
Cornbread
Celery
Fruit Punch Ice Cup
Milk

07

NO
SCHOOL

01

NO
SCHOOL

02

NO
SCHOOL

09

Spaghetti
Garlic Bread
Green Beans
Carroteenies
Applesauce / Milk

12

Steak Fingers
Roll
Au gratin Potatoes
Corn
Pears / Milk

13

Beef Tips w/Gravy
Brown Rice
Sweet Potatoes
Okra
Peaches / Milk

14

Orange Chicken
Egg Roll
Stir Fry / Fried Rice
Orange
Milk

15

Chicken Tortilla Soup
WG Chips
Carrots / Cucumbers
Pears
Milk

16

NO
SCHOOL

19

Baked Chicken
Mashed Potatoes
Corn
Black cherry Ice Cup
Milk

20

Roast W/Gravy
Mashed Potatoes
Green Beans / Roll
Apples
Milk

21

Beef Tacos L,T,C
Brown Rice
Ranch Beans / Celery
Fruit Cocktail
Milk

22

Chicken Fettuccini
Garlic Bread
Blackeye Peas / Celery
Peaches
Milk

23

Hamburger Mac
Green Beans
Carrots / Roll
Orange
Milk

26

Sloppy Joes
Yams / Okra
Pickle Spear
Apple Slices
Milk

27

Chili Beans
Cornbread
Cucumbers / Celery
Peaches
Milk

28

Potato Stroganoff
Corn
Carrots / Roll
Pears
Milk

29

Chicken Fried Steak Sandwich
Fries
Green Beans
Fruit Cocktail
Milk

30



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